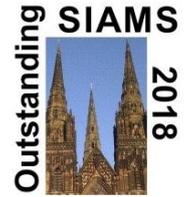




Healthy Schools
Healthy Futures



ALL SAINTS C.E. (V.C.) FIRST SCHOOL & BUSY BEES PRE-SCHOOL

Headteacher: Mr D. Elliott-Hancock

Caring, Succeeding, Flourishing, whilst carrying our values in our HEARTS

I can do all things through Christ because he gives me strength. Philippians 4:13

23rd January 2026

Dear Parents,



We are pleased to share that our school will be taking part in Children's Mental Health Week, a national event created by the charity Place2Be, who have been supporting children's mental health in schools for over 25 years. Their mission is to ensure that every child has access to emotional support when they need it, and this annual week helps raise awareness, spark conversations, and empower young people to understand and care for their mental wellbeing.

Children's Mental Health Week is celebrated every February and was established to give children and young people a stronger voice in discussions about mental health. At our school, wellbeing is at the heart of everything we do. We believe that children thrive when they feel safe, valued, and understood, and we are committed to nurturing their emotional development every day.

This year's national theme is "This Is My Place." The theme focuses on helping children feel a sense of belonging — in their school, their community, and the wider world. It encourages them to think about the places, people, and moments that help them feel grounded, supported, and truly themselves.

To launch the week in a joyful and expressive way, we are inviting all children to come to school in non-uniform on Monday 9th February, within the theme of "Come As You Are." We encourage children to wear something that authentically represents who they are — whether that's a football kit, a sparkly dress, a Spiderman costume, or anything else that makes them feel confident and uniquely themselves. Our aim is to fill the school with colour, individuality, and celebration as we begin the week together.

Throughout the week, children will take part in a range of activities linked to Children's Mental Health Week. They will also have a collective worship exploring the theme and reflecting on the importance of belonging, identity, and emotional wellbeing.

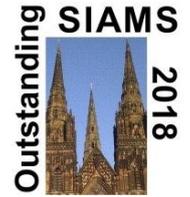
We would also like to remind families that this year we have introduced a dedicated Mental Health and Wellbeing policy and website section, which includes guidance on how to access support, both within school and through external services. You can find it here: <https://www.allsaints-standon.staffs.sch.uk/parents/mental-health-and-wellbeing/>



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Thank you for your continued support in helping us champion the mental health and wellbeing of every child in our school community. We look forward to a meaningful and uplifting week.

With warm regards,

David Elliott-Hancock
Headteacher