



## ALL SAINTS C.E. (V.C.) FIRST SCHOOL & BUSY BEES PRE-SCHOOL

Headteacher: Mr D. Elliott-Hancock

**Caring, Succeeding, Flourishing, whilst carrying our values in our HEARTS**

*I can do all things through Christ because he gives me strength. Philippians 4:13*

8<sup>th</sup> December 2025

Dear Parents,

We wanted to let you know that a nasty cold and flu bug is currently circulating in school and affecting both children and staff. With our Nativity performances taking place this Friday, we are keen to make sure everyone stays as healthy and well-rested as possible so the children can enjoy their special moment.

### What you can do to help:

- Please encourage plenty of rest, fluids, and healthy meals this week.
- If your child is unwell, especially if they have a high temperature (38°C or above), please keep them at home until they are fully recovered.
- If your child has vomiting or diarrhoea, they should remain at home for 48 hours after symptoms stop.
- Good hygiene is key: regular handwashing with soap and water, using tissues for coughs and sneezes, and disposing of them immediately.
- Keep rooms well ventilated where possible.

The NHS also advises that children who are eligible for the flu vaccine should take up the offer if they haven't already, as flu cases are rising nationally. If you are concerned about symptoms such as breathing difficulties or persistent high fever, please seek advice from your GP or NHS 111.

Thank you for your support in helping us keep everyone well. We are really looking forward to seeing the children shine in their Nativity performances on Friday.

With warm regards,

David Elliott-Hancock  
Headteacher