



ALL SAINTS C.E. (V.C.) FIRST SCHOOL & BUSY BEES PRE-SCHOOL

Headteacher: Mr D. Elliott-Hancock

Caring, Succeeding, Flourishing, whilst carrying our values in our HEARTS

I can do all things through Christ because he gives me strength. Philippians 4:13



10th October 2025

Dear Parents,

Today, on World Mental Health Day, we are proud to launch a new section on our school website dedicated to Mental Health and Wellbeing. This page has been created to share how we support children's emotional wellbeing in school, and to provide helpful resources for families who may be seeking advice or support.

At All Saints, we recognise the importance of nurturing children's mental health from an early age. Every morning, our pupils take part in a daily emotional check-in using the Colour Monster book. This simple activity allows children to express how they're feeling by placing their lollipop stick into the jar that best represents their emotion. It helps staff identify children who may need a conversation or extra support, and encourages emotional awareness and open communication.

We know that mental health affects the whole family, and our staff are always happy to talk through any concerns you may have about your child. We can also help signpost support for adults, should you need it.

The new webpage includes links to both national and local services in Staffordshire that offer guidance, counselling, and wellbeing support. We hope it will be a useful resource for our school community.

You can visit the page here: <https://www.allsaints-standon.staffs.sch.uk/parents/mental-health-and-wellbeing/>

In these challenging times, it's more important than ever that we look out for one another. By working together and supporting each other, we can help protect our mental health and build a stronger, more compassionate community.

Thank you for your continued support.

With warm regards,

David Elliott-Hancock
Headteacher