



January 2022



MONDAY

MAIN COURSE

✓ Margherita Pizza Slice
 🍷 Garlicky Diced Potatoes and Sweetcorn

or

✓ Pasta Napoli
 Grated Cheese and Sweetcorn

OTHER OPTIONS

Filled Jacket Potato
 or Sandwich
 served with Veggie Sticks
 or Salad Pot

DESSERT

🍫 Chocolate Cookie with
 Fresh Orange Chunk

Fresh Fruit or
 🍓 Yeo Valley Yogurt



TUESDAY

MAIN COURSE

Cottage Pie

or

✓ Veggie Sausage

Mashed Potato
 Seasonal Vegetables
 and Gravy

OTHER OPTIONS

Filled Jacket Potato
 or Sandwich
 served with Veggie Sticks
 or Salad Pot

DESSERT

Sprinkled Iced Sponge
 with Custard

Cheese and Crackers or
 Fresh Fruit or
 🍓 Yeo Valley Yogurt



WEDNESDAY

MAIN COURSE

✓ Veggie Mince Casserole
 Yorkshire Pudding
 Mashed Potato
 and Seasonal Vegetables

or

Breaded Chicken Grill
 Mashed Potato
 and Baked Beans

OTHER OPTIONS

Filled Jacket Potato
 or Sandwich
 served with Veggie Sticks
 or Salad Pot

DESSERT

🍌 Banana Muffin

Fresh Fruit or
 🍓 Yeo Valley Yogurt



THURSDAY

MAIN COURSE

Roast Turkey
 and Stuffing

or

✓ Quorn Roast

🍷 Diced Roasties
 Seasonal Vegetables
 and Gravy

OTHER OPTIONS

Filled Jacket Potato
 or Sandwich
 served with Veggie Sticks
 or Salad Pot

DESSERT

Crispy Caramel
 Shortbread
 Cheese and Crackers or
 Fresh Fruit or
 🍓 Yeo Valley Yogurt



FRIDAY

MAIN COURSE

Battered Fish Fillet
 Chips
 Garden or Mushy Peas
 and Curry Sauce

or

✓ Cheese and Onion Slice
 Chips
 Garden Peas
 or Coleslaw

OTHER OPTIONS

Filled Jacket Potato
 or Sandwich
 served with Veggie Sticks
 or Salad Pot

DESSERT

Chocolate Crunch
 with Custard

Fresh Fruit or
 🍓 Yeo Valley Yogurt

A choice of fruit drink, water or milk will be made available with every meal.

✓ Vegetarian
 🍌 Organic

🍷 Not cooked in oil
 🐟 Oily fish
 🍓 50% Fruit



2021/22
 Week 1

Week Commencing
 Jan 3 • 31 • Feb 28 • Mar 28 • Apr 25 • May 23 • Jun 20 • Jul 18



**MONDAY****MAIN COURSE**

✓ Veggie Sausage

or

Pork Sausages

Mashed Potato
Seasonal Vegetables
and Gravy

OTHER OPTIONS

Filled Jacket Potato
or Bap or Roll
served with Veggie Sticks
or Salad Pot

DESSERT

Golden Crunch Cookie

Fresh Fruit or
Yeo Valley Yogurt

**TUESDAY****MAIN COURSE**

All Day Breakfast

or

✓ All Day Veggie Breakfast

OTHER OPTIONS

Filled Jacket Potato
or Bap or Roll
served with Veggie Sticks
or Salad Pot

DESSERT

🍓 Peach Melba Sundae

Cheese and Crackers or
Fresh Fruit or
Yeo Valley Yogurt

**WEDNESDAY****MAIN COURSE**

Meat and Potato Pie
Diced Roasties
and Seasonal Vegetables

or

✓ Cheese Pie
Diced Roasties
and Baked Beans

OTHER OPTIONS

Filled Jacket Potato
or Bap or Roll
served with Veggie Sticks
or Salad Pot

DESSERT

Vanilla Shortbread

Fresh Fruit or
Yeo Valley Yogurt

**THURSDAY****MAIN COURSE**

Roast Chicken
and Stuffing

or

✓ Quorn Roast

Diced Roasties
Fondant Potato
Mashed Potato
Seasonal Vegetables
and Gravy

OTHER OPTIONS

Filled Jacket Potato
or Bap or Roll
served with Veggie Sticks
or Salad Pot

DESSERT

🍓 Squashy Cookie

Cheese and Crackers or
Fresh Fruit or
Yeo Valley Yogurt

**FRIDAY****MAIN COURSE**

Fish Fingers
Chips
Garden or Mushy Peas
and Curry Sauce

or

✓ Vegetarian Grill
Chips
Garden or Mushy Peas

OTHER OPTIONS

Filled Jacket Potato
or Bap or Roll
served with Veggie Sticks
or Salad Pot

DESSERT

Caramel Crunch Cupcake

Fresh Fruit or
Yeo Valley Yogurt

A choice of fruit drink, water or milk will be made available with every meal.





January 2022



MONDAY

MAIN COURSE

✓ Margherita Pizza Slice
🍷 Diced Roasties and Sweetcorn

or

✓ Quorn Korma
Naan Bread
Rice and Sweetcorn

OTHER OPTIONS

Filled Jacket Potato
or Sandwich
served with Veggie Sticks
or Salad Pot

DESSERT

🍷 Strawberry
Ice Cream Roll and Fruit

Fresh Fruit or
🍷 Yeo Valley Yogurt



TUESDAY

MAIN COURSE

🍷 Beef Burger in a Bap

or

✓ Veggie Burger in a Bap
Crispy Pommes Noisettes
and Garden Peas

OTHER OPTIONS

Filled Jacket Potato
or Sandwich
served with Veggie Sticks
or Salad Pot

DESSERT

Chocolate Shortbread

Cheese and Crackers or
Fresh Fruit or
🍷 Yeo Valley Yogurt



WEDNESDAY

MAIN COURSE

✓ Cheese Whirl
Herby Diced Potato
and Baked Beans

or

Chicken Fajita
Rice and Mixed Salad

OTHER OPTIONS

Filled Jacket Potato
or Sandwich
served with Veggie Sticks
or Salad Pot

DESSERT

Drizzled Iced Cupcake

Fresh Fruit or
🍷 Yeo Valley Yogurt



THURSDAY

MAIN COURSE

Roast Loin of Pork
and Stuffing

or

✓ Quorn Roast

🍷 Roast Potatoes
Mashed Potato
Seasonal Vegetables
and Gravy

OTHER OPTIONS

Filled Jacket Potato
or Sandwich
served with Veggie Sticks
or Salad Pot

DESSERT

🍷 Chocolate and Banana
Slice with Chocolate Sauce
Cheese and Crackers or
Fresh Fruit or
🍷 Yeo Valley Yogurt



FRIDAY

MAIN COURSE

🐟 Salmon Goujons
Chips
Garden or Mushy Peas
and Curry Sauce

or

✓ Cheese Oatcake
Chips
and Baked Beans

OTHER OPTIONS

Filled Jacket Potato
or Sandwich
served with Veggie Sticks
or Salad Pot

DESSERT

Rainbow Cookie

Fresh Fruit or
🍷 Yeo Valley Yogurt

A choice of fruit drink, water or milk will be made available with every meal.



2021/22
Week 3

Week Commencing
Jan 17 • Feb 14 • Mar 14 • May 9 • Jun 6 • Jul 4





January 2022



MONDAY

MAIN COURSE

All Day Breakfast

or

✓ All Day Veggie Breakfast

OTHER OPTIONS

Filled Jacket Potato
or Bap or Roll
served with Veggie Sticks
or Salad Pot

DESSERT

Rice Krispie Crunch

Fresh Fruit or
Yeo Valley Yogurt



TUESDAY

MAIN COURSE

Chicken and Vegetable Pie
Mashed Potato
Seasonal Vegetables
and Gravy

or

✓ Penne Pasta Bake
Crusty Bread
and Mixed Salad

OTHER OPTIONS

Filled Jacket Potato
or Bap or Roll
served with Veggie Sticks
or Salad Pot

DESSERT

50% Fruity Jelly Pot

Cheese and Crackers or
Fresh Fruit or
Yeo Valley Yogurt



WEDNESDAY

MAIN COURSE

✓ Veggie Chilli and Rice

or

Fish Fingers
Mashed Potato
and Baked Beans

OTHER OPTIONS

Filled Jacket Potato
or Bap or Roll
served with Veggie Sticks
or Salad Pot

DESSERT

Drizzled Iced Sponge
with Custard

Fresh Fruit or
Yeo Valley Yogurt



THURSDAY

MAIN COURSE

Roast Gammon
Diced Roasties
Peas and Sweetcorn

or

✓ Mac 'n' Cheese
Crusty Bread and Peas
and Sweetcorn

OTHER OPTIONS

Filled Jacket Potato
or Bap or Roll
served with Veggie Sticks
or Salad Pot

DESSERT

Chocolate Shortbread

Cheese and Crackers or
Fresh Fruit or
Yeo Valley Yogurt



FRIDAY

MAIN COURSE

Fish Goujons
Chips
Garden or Mushy Peas
and Curry Sauce

or

✓ Quiche of the Day
Chips
Garden Peas
or Coleslaw

OTHER OPTIONS

Filled Jacket Potato
or Bap or Roll
served with Veggie Sticks
or Salad Pot

DESSERT

50% Oaty Applejack

Fresh Fruit or
Yeo Valley Yogurt

A choice of fruit drink, water or milk will be made available with every meal.

✓ Vegetarian
Organic

Not cooked in oil
Oily fish
50% Fruit



2021/22
Week 4

Week Commencing
Jan 24 • Feb 21 • Mar 21 • Apr 18 • May 16 • Jun 13 • Jul 11

